

THE BALANCED MOMCAST

Lord,

I thank you for our families and for placing a specific and holy calling on our lives as moms. Open our spiritual eyes so we can see what you see. Every struggle we face-- fear, anxiety, overwhelm, frustration, hate, discontentment, pride, envy, striving, hopelessness, shame, temptation, offense, unforgiveness, bitterness, division—originates with the deceiver, the father of lies.

We confess and repent of the times we blamed people, ourselves, or You for our struggle.

Help us to understand that the enemy desires for us to have broken relationship with you, the source of all our power and strength.

We know you love us. To comprehend and know the love of Christ—to be rooted and established in your love—is critical to our spiritual victory.

We know who we are in Christ: children of God, holy, dearly loved, redeemed, saved, sanctified, washed and made clean, forgiven, righteous, and seated with Christ in heavenly places—a position that denotes both royalty and victory.

We pray against every lie that we have believed. Show us the Truth, because your word says we will know the truth and the truth will make us free.

We will not allow our hearts to be discouraged, disquieted, or hopeless. No, we will hope in God and praise Him, for you are the help of our countenance and our God.

Help us be self-controlled and alert, to walk circumspectly, because our enemy is looking for a moment of weakness, distraction, and vulnerability so he may devour us. We cover our families, our ministries, our callings, our work, and our homes under the blood of Jesus—for the enemy is overcome by that blood and the word of our testimony.

We will not be afraid, we will not walk in fear, for you promised to never leave us or forsake us. Thank you for making us aware and for giving us all we need to be victorious over our enemy.

In Jesus' name.

Amen

THE *scoop* ON *balance*

by *Sandy Cooper*